

It starts near Shelfield Square Farm and is a circular walk of about 3 miles. I've called it the "Shelfield Square Circle".

Approaching Shelfield Square farm on the road from Shelfield towards Spernall the walk starts at the waymarker post on the left at the top of the hill. Turn left here and go along a grassy track. In 50 yards turn right, walk across the top of the field, cross a stile, then a plank bridge and turn left.

Walk down the field with the ditch on your left, and at the bottom turn right just before the gap. Walk along the bottom of the field and continue forward until the field ends. At this point walk straight on, over a plank bridge and into a copse. Walk through the copse with the hedge on your right and emerge onto a lane.

Turn left and walk along this lane until you reach Shelfield Green. Here you turn right at the road junction and in 25 yards walk straight on where indicated, down a grassy track and over a stile by a gate. Walk up the meadow to the top right hand corner, cross a stile, go through a small copse and into a very large field.

Walk half left to cross the field, walking down to where the path meets a track by a hunting gate. Don't go through the gate, but turn left and walk down the right hand side of the large field on a wide grass path. Half way down this field you will eventually meet a track. Here you turn left and walk up to the ridge.

Walk straight on at the top, pass an islanded hedgerow, and eventually meet a stile. Cross the stile and immediately turn left. Walk along the top of this field, enter the next field and immediately turn right. Walk down to the bottom of the field and enter a copse, half right. Walk through the copse, to the far left corner. Here cross the bridge and walk up the left hand side of the field. Cross the stile then a lane and enter the field opposite. Keep walking straight across the field as indicated to another stile opposite Willow Cottage. Cross the stile and turn left along the road, eventually arriving back at the start.

