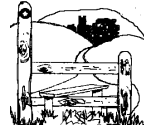


WALK THREE

Aston Cantlow to Shelfield



Start in Aston Cantlow and go along Chapel Lane, cross a field at the end, over the disused railway line and then straight across to the Alne Bridge. Go over the bridge and straight up the field path in front of you, cross the road and go over the stile. Follow the marked path over the hill and down to where the footpath meets another coming from the right. Enter the field in front, and turn left along the path. In 300 yards turn right up the hill on a farm track, and eventually reach a stile. Go over the stile and turn left to follow the hedge.

Go into the next field and turn right to follow the right hand hedge down hill. At the bottom enter a small copse half-right in front of you, and make your way along the left-hand hedge until you reach a bridge in the far left corner of the copse. Cross the bridge and keeping the hedge on your left walk along the field until you reach a lane.

Cross the lane and enter the field opposite. Follow the path across the field to meet another lane at Willow Cottage. Turn left along the road and follow it round to the left and up the hill to just before Shelfield Square Farm. Take the path to the left and in 100 yards turn right. Go across the top of the field to a stile then enter the next field, over a bridge and immediately turn left. Keep walking straight on, go into the next field and eventually meet a lane. Turn right here and walk into Shelfield Green.

Join the footpath straight ahead and walk up the hill, over a stile and into a small copse. Follow the path diagonally down across the field and then turn half left to follow the grass track for about a quarter of a mile until you meet the path you were on earlier. From here retrace your footsteps back to Aston Cantlow.