

# Day Support Services



VASA are offering day support groups at Elizabeth Court, Church Street, Stratford upon Avon, every Monday, Tuesday and Wednesday with tailored specialist care and activities. **Full Day Support** for up to sixteen people for six hours a day. **FREE individual assessments** are based around an individual's skills and needs to ensure they get the most out of their time with us in comfortable surroundings and feel safe and relaxed.

**Our staff are all dementia link trained.** Activities include one to one and group activities such as **music, singing, exercise, art, cookery, history and gardening.**



We also offer a programme of one to two hour sessions for the over 60's every Thursday and Friday in our beautiful, bright room in the heart of Stratford upon Avon. Singing for Fun & Wellbeing, Film Club, Crafting, Board Games and Chair Exercise are amongst the many activities planned. Delicious refreshments available.

Have you or your friends got a hobby that others might enjoy? We are on the look out for volunteers to lead fun and uplifting sessions for up to 15 people.

Call 01789 262 889 or visit [www.vasa.org.uk](http://www.vasa.org.uk) for more information on Day Support or Group Activities.