

# Delicious meals for all tastes & requirements

We offer a varied selection of main meals and desserts to suit all tastes and dietary requirements, including ethnic, low fat, low salt, gluten free or reduced sugars, vegetarian and vegan.

We can also deliver a delicious hot soup to be enjoyed along with your main meal and dessert, or a tasty tea time pack that can be eaten later in the day.

## Sample menu

Soup	Leek & Potato
Main Meal 1	Chicken & Vegetable Pie
Main Meal 2	Ham in Parsley Sauce
Main Meal 3	Salmon Supreme
Vegetarian Main Meal 1	Vegetarian Pasta Bolognese
Vegetarian Main Meal 2	Vegetarian Sausage & Mash
Hot Dessert	Bread & Butter Pudding & Custard
Cold Dessert	Raspberry Dessert
Low/Reduced Sugars Dessert	Blackcurrant Pie & Custard



## How to sign up to the service

To sign yourself or a relative up for the service, simply call us on **0800 090 3614** and we'll talk you through the simple sign up and meal delivery process and get you started.

**apetito**



apetito Ltd. Canal Road, Trowbridge, Wiltshire, BA14 8RJ  
T. 01225 753636 [www.apetito.co.uk](http://www.apetito.co.uk)



**apetito**

Hot meals delivered right to your door.

*Meals on Wheels, available 365 days of the year.*



## Count on us

We can deliver a hot meal and dessert directly to your door every lunchtime, in partnership with Warwickshire County Council.

Our meals service is available to anyone who lives in Warwickshire and all it takes is a quick phone call to get you started. With over 50 years' experience, we know how much people look forward to a hot meal. That's why we offer an outstanding choice of comforting, familiar meals, created by our own talented chefs and nutritionists.

So in periods of illness and recovery, or when cooking simply becomes too much to manage, you can count on us to deliver a delicious hot meal.

- Hot meal delivery 7 days a week, 365 days a year
- Meals delivered between 11:30am – 14:00pm
- Only £4.25 a day for a hot meal and dessert
- Daily safety and wellbeing checks
- No contract, no delivery costs
- Suitable for long term deliveries or short term help



## Award-winning food

We believe that everyone should be able to enjoy mealtimes which is why we embraced innovative technology to create our award-winning range of texture-modified food for people with dysphagia (swallowing difficulties). Dysphagia can be a serious threat to the health of sufferers, which can include people with dementia, Parkinson's disease and stroke.

Our range includes over 70 nutritionally balanced softer and pureed meals and desserts in various consistencies to cater for a wide range of dietary needs.



## Daily visit with safety & wellbeing check

We don't just deliver a meal; our drivers are all fully trained to carry out basic safety and wellbeing checks. For instance, if there's no reply they'll contact your family, friends or next of kin.

All our drivers have been DBS checked and carry an identification badge, you can be confident who is calling at your door.

## Supporting the British food & farming industry

We are proud to support the British food and farming industry: all of our ingredients are chosen to ensure the best quality and taste, and are sustainably sourced from our trusted suppliers. We meet nutritional standards in line with the British Dietetic Association guidelines, and we consistently achieve the highest levels of accreditation for food safety.



### Beef

100% of the beef we use (except for corned beef) is sourced from British and Irish farms.



### Lamb

100% of our lamb is sourced from the British Isles and New Zealand.



### Peas

100% of our peas are British.



### Flour

All our flour is produced using UK wheat.



### Apples

All apples used in our pies and crumbles are British Bramley apples.



### Potatoes

100% of our mashed potato is made using British crops.